

IMPROVING YOUR APPROACH TO SCHOOL

Name: _____

What is your approach like in each of these areas?	Circle either Yes, Sometimes or No	GOALS: See if you can list two or three things you could do in each box to improve your approach in this area.
<u>Classroom Skills</u> Do you listen to your teacher and not talk when you should be focusing? Do you arrive on time for class? Do you have all the books and equipment you need for the lesson? Do you work well in class and make the most of classtime? Do you participate and get involved in the lesson? Do you respect others' ideas?	Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No	I will...
<u>Homework Skills</u> Do you complete all the homework that is set by the due date? Do you try and put effort into your homework and do it properly? Do you ask your teacher for help if you can't do or understand some of the homework?	Yes Sometimes No Yes Sometimes No Yes Sometimes No	I will...
<u>Assignment Skills</u> Do you complete all assignments/assessments in time by the due date? Do you start assignments early rather than leaving them to the last minute? Do you break your assignments down into smaller more manageable steps? Do you make a plan or schedule for when you will try and do the work? Do you have a calendar/term planner on the wall where you can see due dates?	Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No	I will...
<u>Study Skills</u> Do you start studying for tests early? Do you make study notes on a regular basis so they are ready at exam time? Do you get feedback from your teachers about the notes you make? Do you do lots of revision questions, asking for help if needed? Do you test yourself on your study notes rather than just reading over and over? Do you use a wide range of study techniques rather than just 1 or 2? Do you know which study techniques most suit you? Can you write neatly and quickly in tests and exams?	Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No	I will...
<u>Working at Home Skills</u> Do you have a good system for organising/managing all the papers for school? Do you have a good system for managing the digital resources for school? Do you make backups of your work and resources regularly? Have you set up a good space to work in at home? Do you turn off distractions when working at home and focus on your work? Do you actually do as much schoolwork each day as the school is expecting? When you finish homework and assessments, do you use the available time left for independent learning (eg study notes, practice questions etc)?	Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No Yes Sometimes No	I will...

Place this page on your wall at home so you will see it and be reminded of what you need to focus on.