## WENDY LINDEMAN

## Academic Coach, mentor and support

Email: wendylcoaching@gmail.com Mobile: 0418 866 886

Wendy Lindeman, B.A., Dip.Ed., Grad Dip (Administration Leadership)

Wendy has worked with teenagers for 34 years, as a teacher, Year Coordinator, Head of
Department, Curriculum and Pastoral Care Director and Careers Advisor, Deputy Principal and
Principal in Australia (Queenwood, SCECGS Redlands, Australian Performing Arts Grammar School)
and internationally (Australian International School Singapore, Tanglin British International School and Australian
International School Saigon). Wendy is conversant with both the Australian and IB curriculums.

She is the Head of School of APGS and has been a consultant to schools in Sydney for study, motivational and organizational skills with students. She has an excellent ability to relate to students, she understands their "world" and guides with insight and realism, appreciating the need to achieve their best within the academic system within the demands of assignments, assessments, tests and examinations.

As a parent of a 16 year old daughter, Wendy also has great empathy with parents, sharing their desire for the children to achieve success in school yet, at the same time, balancing co-curricular, sporting, performing arts and social activities outside of school.

Wendy approaches her sessions as a coach and mentor, working with the students (and parents) from Year 6 to Year 12. She recognizes the different challenges all students have at times as they navigate their high school years, and knows that each child has different needs, different approaches to learning, different priorities and his or her unique personalities. She works with the student to develop strategies, techniques and processes that best suit the individual child.

Wendy can guide and support students across a breadth of areas, which are pivotal to achieving personal success at school, including:

- work/home study environment for time-saving measures & creating focus
- time-management and organization (at home & school)
- - motivation, self-discipline and focus on academic work
- active learning vs passive learning effective use of time learning
- memory how information is retained in long term memory, vs short term (brain physiology)
- how to plan and approaches to assignments & assessments
- managing homework, assignments, assessments and tests throughout the term
- study skills: both tests and examinations (revision techniques, effective "smart" learning etc)
- school/life balance
- - effective learning at home so students have *more* "free" time as a consequence of effective use of work time.
- - supporting students through a Semester or academic year.

## **PRICING**

Initial or one-off 1 & ½ hour session: \$350

[includes initial phone interview (@an hour), follow-up templates, strategies and emails with the student & parent for the following month to assist with consolidating and applying the session into relevant work]

Packages, for additional sessions at Wendy's (within 3 months) Packages need to be paid upfront, after the initial session.

1 additional x 1 & ½ hour session \$320 2 additional x 1 & ½ hour sessions \$600 3 additional x 1 & ½ hour sessions \$880

## Packages include:

- unlimited emails with the student
- unlimited phone calls with the parent
- summary reports of each session

Additional sessions for students in the same family receive a 10% discount. – for the packages

2019 version