

Helping Year 10 Students Prepare for Senior Studies - 2021 Style!

If we can't do F2F in Term 4 for the **PREPARING FOR SENIOR STUDIES SESSION**, here are the options for different scenarios so we can still help Year 10 prepare for their senior studies.

IF STUDENTS ARE AT SCHOOL, BUT OUTSIDE PRESENTERS CAN'T COME IN

OPTION 1: PRESENTED VIA ZOOM

TO THE YEAR GROUP IN THE SCHOOL HALL

Students in school hall with the seminar being shown live via Zoom etc. on the screen in the hall (not on individual devices). Students will be directed to move from their seats into groups to work at times, then will come back to their seats for the next part of the seminar.

OPTION 2: PRESENTED VIA ZOOM

TO STUDENTS IN CLASSROOMS

Students are in separate classrooms with teachers supervising with the seminar being shown live via Zoom etc. on the classroom screen (not on individual devices). Students will be directed at times during the presentation to work in small groups within the classroom

Both options worked well last year, but Option 2 is useful if restrictions mean you cannot have the whole year group assemble together.

IF STUDENTS ARE DOING REMOTE LEARNING AT HOME

OPTION 3: PRESENTED VIA ZOOM

Students are emailed the handout and attend the session live on Zoom from their own home. The group activities are adapted for this format and students can ask questions in the chat.

OPTION 4: PRE-RECORDED VERSION

Students access the video of the session at their own pace and in their own time OR teachers can use this version to run the session themselves with students.

Given how changeable the situation is, it will be a case of waiting and seeing what evolves and then pivoting to meet the circumstances. One of the best ways to teach resilience to students is to model it and show them that we too can adapt and make the best of things outside of our control.

Best wishes and stay safe.



Natalie Borg



Rocky Biasi



Dr Prue Salter



Preparing for Senior Studies is a 2-hour session featuring a range of activities to help Year 10 prepare for senior studies. Students will:

- 1 Discover their personal 'WHY' because finding purpose and direction to the senior years makes it a more meaningful experience.
- 2 Learn how to push past procrastination and be more motivated for school.
- 3 Learn how to be efficient and effective with their study habits.
- 4 Manage exam stress and improve their marks with regular study notes.
- 5 Reframe their ideas about what success and failure mean and help them build more grit and perseverance.
- 6 Learn the secrets of success that comes with small actions and continual improvement.
- 7 Become more organised with strategies they can implement in the holidays before Year 11.
- 8 Learn how to set and achieve goals for senior school and beyond.