

'SENIOR SCHOOL SUCCESS' DAY

.... A day to help Year 10,11 & 12 students develop peak performance skills

Presented jointly by:

Enhanced Learning
Educational Services 

.....the study skills specialist

Human Connections



*Connecting people in schools,
families and the workplace*

Prue Salter of ELES (www.enhanced-learning.net) and Rocky Biasi of Human Connections (www.enhanced-learning.net/humanconnections.html) are offering a joint program that combines the practical study skills needed for success in the senior years with the mental strategies necessary to successfully implement these and deal with stress and anxiety. Not only do you benefit from the variety and experience of two presenters for your students but this also allows you to split your year group into half and benefit from smaller group sizes. Topic areas covered are:

ELES:

- Improving study skills
- Making the most of classtime
- Organisational skills
- Managing time more effectively
- Making study notes that work
- Studying effectively using learning styles
- Understanding and helping your brain
- Advanced memory techniques
- BOS Glossary of key words
- Improving examination techniques

Human Connections:

- Healthy mind, body & spirit (eating, brain food, sleeping and exercise)
- Coping with stress, anxiety & pressure
- Accessing peak motivation states and overcoming procrastination
- Anchoring for success (triggering previous peak states whenever you need to)
- Relaxation techniques (including meditation)
- Breaking through negative thoughts and beliefs
- Emotional freedom techniques

Full Day Program:

This is a great opportunity to have 2 speakers at your school run a 'Senior School Success' day for your Year 10/11/12 students for only \$19.80 per student.

Your Year 10/11/12 group is split in half and spends half a day in a workshop with each speaker (we fit in around your break times).

Cost: \$19.80 per student

Two Session Program:

Run two sessions at your school (each 1-1.5 hours in length) for only \$13.20 per student. The content for the two sessions is a cut-down version of the content listed above.

Your Year 10/11/12 group is split in half and spends a session with each speaker (we fit in around your break times).

Cost: \$13.20 per student

Minimum numbers for the above pricing is 100 students. If you have less than 100 students, or are interested in a different combination of sessions, please contact us and we will put together a pricing package for your school.

+ Optional Add On: Follow-up Parent Presentation

'How to support your child through senior school'. Follow-up parent presentations can be tailored to the time you have available. Feedback from parents about these presentations has been excellent. Giving parents and students the same message helps to reinforce the ideas and techniques and create a working partnership between parents and students.

DON'T DELAY!!

**Call 0416 293 087 or 0425 365 294 (Or email info@enhanced-learning.net)
NOW to find out more or to TAKE ADVANTAGE of this
FABULOUS OPPORTUNITY for YOUR STUDENTS!**

ELES Presenter, Prue Salter:

Enhanced Learning Educational Services is an Australian business based in Sydney although our clients extend throughout Australia and to international schools overseas. We are committed to helping all students improve their ability to learn and study and to providing teachers with the types of study skills sessions on the topics their students need. Our aim is to give students strategies to unlock the power of their minds and help them become effective and successful learners. In the last three years alone over 300,000 students across Australia have benefited from our study skills worksheets, workbooks and sessions.

With over 15 years' experience in High School Education, as well as stints in both industry and academia, Prue Salter, the founder and driving force behind ELES, is a high achiever with a string of academic credentials and awards to her name. Her research into how students can unlock the power of their minds translates into informative, entertaining and action-oriented sessions for the students. To date Prue has written 20 resources for schools to use to help students improve their study skills and she is in high demand to run study seminars in schools for year groups.

As a teacher and Year Coordinator, Prue found that the study skills sessions that were available were either very flashy, but with very little content, or content heavy but dry and dull – ensuring little of the content was actually transmitted to the students! Many speakers who came to schools did not have good communication skills and had difficulty in dealing with the students and connecting with them on their level – much less building rapport.

Being a highly motivated and organised person with the ability to analyse and break down the steps necessary for success, she developed a series of dynamic courses that would help students see how they too could improve the way they handle their schoolwork and so their chances of success at school. Prue uses her on-going research to constantly improve the effectiveness of the ELES study skills sessions and resources.

Read about Prue's academic qualifications and work experience at www.enhanced-learning.net/presenter.html, testimonials at www.enhanced-learning.net/comments.html and see the list of schools Prue has worked with at www.enhanced-learning.net/past_bookings.html.



Human Connections Presenter, Rocky Biasi:

Human Connections is an Australian business based in Sydney, committed to connecting people in schools, families & the workplace. With qualifications and university degrees in both education and counselling Rocky brings great experience both as a teacher, Year Coordinator, therapist and life coach.

Rocky's presentation to senior students is a result of 10 years research and working with both students and adults in the area of peak performance. His programs are experiential and informative, from the very start of the program students connect with what prevents them from performing at their best and enjoy experiencing the strategies and techniques presented.

As a teacher, Year Coordinator and counsellor Rocky recognized and experienced the research - "self-disciplined and motivated students out-perform smarter students who are less motivated." His program helps students not only break through the mental and emotional barriers that prevent them from being their best, but also provides life lessons in overcoming apathy, procrastination and installing success mind sets. A critical skill not only for success in school but in life!



Rocky's presentation brings to students the latest techniques used by top corporate and sporting people around the world. Students will participate and experience techniques in energy psychology, Neuro-Linguistic programming, self-hypnosis and meditation.

"Rocky is a gifted presenter and what he presents is powerful and 'spot on'. Our students and parents have found his presentations excellent and have told us so."

I recommend his services very highly.

Chris Welch, Assistant Principal, Emmaus Catholic College